86% Carbon Emission Reduction with a Reusable Sharps Container

UK hospitals are seeking greater sustainability. Waste reduction studies using reusable sharps containers are well established, but lack the depth of a Life Cycle Assessment (LCA) of energy emissions for manufacture, transport or processing.



Objectives

To develop an innovative model to ascertain the difference in carbon emissions between reusable and disposable sharps containment systems.

Design and Methods

We used a Before/After intervention model from a 1,250 bed UK Acute-care Trust which converted from polypropylene disposable sharps containers (Daniels Health, Hertfordshire UK) to an ABS reusable sharps container (Sharpsmart Ltd, Spennymoor UK.) CO₂e emissions for all life stages were calculated using internationally accepted unit energy consumptions for:

- · Plastic pellet manufacture and container manufacture
- Transport to and from hospitals
- Decanting/washing of reusables; attrition replacement of reusables
- · Incineration of waste; transport of residues to landfill

Average CO_2e was calculated over 10 years. Data was analysed using CHI2 and significance set at p \leq 0.05.

Results

Disposables = 182.4 tonnes CO_2 e/yr; Reusables = 25.6 tonnes (-86%; p<0.001). Over 10 years, 466,190 disposable containers were manufactured vs 1,659 reusables. See right for result graphs.

Discussion

Manufacturing accounted for the largest $\rm CO_2e$ reduction, with treatment / disposal next. Transport and processing accounted for a small portion of the LCA Reusables saved 157 tons of $\rm CO_2e$ emissions/yr (15.1 tons/100 beds/yr).

Conclusions

Reusable sharps containers provide permanent resource efficiency and waste reduction and achieve sustainable consumption and production.

RESULTS CARBON FOOTPRINT DISPOSAL VS REUSABLE DISPOSABLE DISPOSAL **CUMULATIVE CO, EMISSIONS** 2 000

Grimmond T*, Jenkinson H*, Trevor J*, Penfold G^ and Cullingford T^
*Grimmond & Associates New Zealand; *University Hospital of North
Staffordshire UK, ^Waterman Energy, Environmental and Design UK. Paper
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